

NEW PATIENT HEALTH HISTORY FORM ADULT

REVIEW OF SYMPTOMS (check all symptoms that you have had in the last few days)

GENERAL	ENDOCRINE	HEMATOLOGY
CHILLS FATIGUE FEVER NIGHT SWEATS WEIGHT GAIN / LOSS	COLD INTOLERANCE EXCESSIVE THIRST HAIR LOSS HEAT INTOLERANCE	BLEEDING PROBLEMS EASY BRUISING
NEUROLOGICAL	RESPIRATORY	SKIN
DIFFICULTY SPEAKING FAINTING HEADACHE LOSS OF STRENGTH MEMORY LOSS SEIZURES TINGLING / NUMBNESS TREMOR	COUGH SHORTNESS OF BREATH WHEEZING	DISCOLORATION ITCHING CHANGE IN MOLES OR SPOTS RASH
PSYCHOLOGICAL	CARDIOVASCULAR	URINARY
ANXIETY DEPRESSED MOOD DIFFICULTY SLEEPING MENTAL OR PHYSICAL ABUSE	CHEST PAIN PAIN IN LEGS WHEN WALKING FLUID ACCUMULATION IN LEGS DIFFICULTY BREATHING WHEN LAYING FLAT PALPITATIONS	BLOOD IN URINE DIFFICULTY URINATING KIDNEY PROBLEMS PAINFUL URINATION
EYE	GASTROINTESTINAL	BREAST
BLURRY VISION EYE PAIN	ABDOMINAL PAIN BLOOD IN STOOL CONSTIPATION DIARRHEA HEARTBURN NAUSEA VOMITING	LUMP PAIN NIPPLE DISCHARGE SKIN CHANGES
ENT	MUSCULOSKELETAL	WOMEN
RUNNY NOSE CONGESTION DIFFICULTY SWALLOWING EAR PAIN RINGING IN EARS SNORING SORE THROAT	MUSCLE ACHES JOINT PAIN JOINT SWELLING	PELVIC PAIN MENOPAUSAL SYMPTOMS GENITAL SORES / RASH IRREGULAR PERIODS VAGINAL DISCHARGE / ITCHING
	ALLERGY / IMMUNOLOGY	MEN
	IMMUNE DEFICIENCY SEASONAL ALLERGIES	ERECTILE DYSFUNCTION PENILE DISCHARGE GENITAL SORES / RASH
		OTHER

FAMILY HISTORY (List major health problems of blood relatives, if known. If deceased, list age at death.)

MOTHER	FATHER
SIBLINGS	CHILDREN
GRANDPARENTS	AUNT / UNCLE

CHECK IF YOUR FAMILY HISTORY IS UNKNOWN.

SOCIAL HISTORY (Checkmark/type details)

SMOKING (# packs per day) eCIGARETTE / HOOKAH / VAPOR SNUFF / CHEW (# cans per day) ALCOHOL (# per week) STREET DRUGS: MARIJUANA / CBD / KRATOM (please list others)	WHO DO YOU LIVE WITH? DO YOU FOLLOW A SPECIAL DIET? DO YOU EXERCISE? DO YOU SLEEP WELL? DO YOU HAVE ANY: ADVANCED DIRECTIVES / LIVING WILL / DURABLE POWER OF ATTORNEY
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NEW PATIENT HEALTH HISTORY FORM ADULT

SEXUAL / REPRODUCTIVE HISTORY (Please answer questions based on sex at birth.)

NUMBER OF BIOLOGICAL CHILDREN: DO YOU USE ANY FORM OF CONTRACEPTION?
 NUMBER OF ADOPTED CHILDREN: *IF YES, WHAT FORM?*
 ARE YOU CURRENTLY SEXUALLY ACTIVE? HAVE YOU EVER HAD A SEXUALLY TRANSMITTED DISEASE?
ARE YOUR PARTNERS: MEN / WOMEN / BOTH *IF YES, WHICH: HERPES / GONORRHEA / CHLAMYDIA / HIV*
 HOW MANY SEXUAL PARTNERS HAVE YOU HAD IN THE GENITAL WARTS / SYPHILIS / TRICHOMONAS
 LAST YEAR?

WOMEN

DO YOU HAVE PERIODS? NUMBER OF CESAREAN SECTIONS:
 FIRST DAY OF LAST PERIOD: *REASON?*
 LENGTH OF PERIODS: NUMBER OF MISCARRIAGES:
 HOW OFTEN DO YOU HAVE A PERIOD? NUMBER OF STILLBIRTHS:
 HAVE YOU EVER HAD AN ABNORMAL PAP SMEAR? NUMBER OF ABORTIONS:
IF YES, WHEN AND OUTCOME. NUMBER OF TUBAL / ECTOPIC PREGNANCIES:
 HOW MANY TIMES HAVE YOU BEEN PREGNANT? ANY PROBLEMS WITH PREGNANCIES OR DELIVERIES?
 NUMBER OF VAGINAL DELIVERIES: ANY PROBLEMS WITH POSTPARTUM DEPRESSION?

MEN

HAVE YOU EVER BEEN DIAGNOSED WITH A PROSTATE ISSUE OR HAD A PROSTATE BIOPSY?
 DO YOU CURRENTLY STRUGGLE WITH STARTING, STOPPING, OR MAINTAINING A URINARY STREAM?
 DO YOU HAVE A HISTORY OF TESTICULAR OR TESTOSTERONE PROBLEMS?

PRIMARY PREVENTATIVE CARE SCHEDULE

VACCINATIONS	DATE	WOMEN	DATE	MEN	DATE
TETANUS		COLONOSCOPY		COLONOSCOPY	
INFLUENZA		PAP SMEAR / HPV TESTING		PROSTATE CANCER SCREENING (PSA)	
PNEUMONIA 13		MAMMOGRAM			
PNEUMONIA 23		BONE DENSITY			
SHINGLES		WHEN WAS YOUR LAST DENTAL EXAM? WHEN WAS YOUR LAST EYE EXAM?			
HPV					
COVID-19					
HEPATITIS B					

MEDICATIONS

CURRENT MEDICATIONS (include dose and frequency) WRITE ON BACK IF NECESSARY. **MEDICATION ALLERGIES**

PLEASE INCLUDE any Durable Medical Equipment such as Oxygen, CPAP, BIPAP, etc.

PATIENT / GUARDIAN SIGNATURE

DATE